

**CE & D**

615 8th Ave NE  
Pine City, MN 55063

[www.cedconference.com](http://www.cedconference.com)

Phone: 320-629-1307

**MAY 6 & 7, 2010**

**27th UPPER MIDWEST  
CONFERENCE ON  
ADOLESCENTS  
& CHILDREN IN NEED**

**11 Continuing Education**

**Hours** have been applied for  
through the:

MN Board of Social Work

MN Board of Psychology

MN Board of Marriage &  
Family Therapy

MN Board of Behavioral  
Health & Therapy

MN Board of School  
Administrators.

Bring a Friend or Colleague  
and Save See details inside

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**MAY 6 & 7, 2010 - RAMADA PLAZA, MINNEAPOLIS, MN**



Upper Midwest  
27<sup>th</sup>  
Conference on  
Adolescents &  
Children In Need

Register online @ [www.cedconference.com](http://www.cedconference.com)  
Bring a Friend or Colleague and You Both Save!

# 27TH UPPER MIDWEST CONFERENCE ON ADOLESCENTS & CHILDREN IN NEED

## May 6 & 7, 2010

### Ramada Plaza Mpls, Minneapolis, MN

#### Thursday, May 6th

8:00-9:00 a.m. Registration & Refreshments

9:00-12:00 Session I Workshops (3 hours)

**PARENTING, MARRIAGES AND STRESS...OH MY!: A DYNAMIC TOUR OF THE TROUBLED FAMILY** - This workshop will describe and explain the developmental landscape of the troubled family from the perspective of family dynamics. Participants will be introduced to the "Family Diagram of Dynamic Functioning" which pulls back the curtain of family drama to reveal the otherwise hidden processes within the troubled family. This model describes the private dilemma of parents who strive for happiness while unwittingly generating conflict, stress, and marital discord - each a derivative of and contributor to anxiety - the mother of all psychopathology. With this family diagram in mind, the application of therapeutic interventions will be explored. **Paul Buckley**

**NEVER UNDERESTIMATE THE POWER OF RELATIONSHIPS** - This presentation will focus on the power and influence a strong relationship with clients has. There will be a focus on helping professionals to create a philosophy of approach based on the creation of strong relationships. Participants will learn practical strategies that can be used in their daily work. Issues such as how to diffuse anger, increase positive communication and influencing positive change in children will be addressed. The presenter will discuss the use of humor in the therapeutic relationship and how to use it to build a strong therapeutic bond with clients. In addition, participants will be presented ideas on how best to work with other professionals and team members to help children and adolescents reach their potential. **James Keenan**

12:00-1:00 p.m. Lunch Break

1:00-2:30 p.m. Session II Workshops

**IMPACT OF COMPLEX TRAUMA ON CHILDREN AND ADOLESCENTS** - Building on over a decade of experience working with children and adolescents who are deeply involved in the child protection and delinquency system, the presenter will share her insights into how complex trauma impacts a young person's development and mental health presentation. Current research on trauma's impact on brain development and common thinking errors associated with trauma and abuse will be discussed. The association between mental health disorders and trauma will be explored. Lastly, the presenter will share ideas on how to effectively and therapeutically intervene with those who have these types of complex histories. **Jennifer Dynes**

**WORKING WITH TROUBLED CHILDREN: MONKEYS AND DRAGONS, THEY'RE EVERYWHERE!!** - From an attachment perspective a child's habituated coping mechanisms emerge. For our purposes these mechanisms are renamed *Psychic Monkeys* in part for antic relief, and, in part, due to their predictably reactive and unsophisticated nature. On a deeper level some children have experienced trauma that sleeps and is awakened within the neuro-physical and psychosocial networks of a child's daily life, such are *Dragons*. For us professionals, these dragons and monkeys are known in terms of diagnostic criteria such as oppositional defiance, conduct disorder, PTSD, or simply obnoxious and annoying behaviors. Whatever named, they can be vexing, maddening and mysterious. Participants will leave with a framework to understand the dynamics of troubled children and ways to intervene. **Paul Buckley**

2:45-4:15 p.m. Session III Workshops

**PLANTING THE SEEDS OF SUCCESS** - This workshop will present a unique and positive way of working with our youth. It will introduce ideas that will Inspire, Motivate, and Empower youth to Think and Feel that they are worthy, and capable of being, doing, and having success in their lives. **Jeffrey Phillips**

**CHECK & CONNECT: A MODEL FOR STUDENT ENGAGEMENT AND SCHOOL COMPLETION** - We all know our youth will do better if they stay in school, but how do we make it happen? This interactive session will introduce you to the Check & Connect philosophy and process proven effective in increasing accrual of credits and school completion and decreasing dropout rates and truancy. Check & Connect is one of 27 dropout prevention interventions reviewed by the U.S. Department of Education's What Works Clearinghouse to date, and the only one found to have positive effects for staying in school. **Kay Augustine**

#### Friday, May 7th

8:00-8:30 a.m. Registration & Refreshments

8:30-11:30 a.m. Session I Workshops (3 hours)

**HELPING KIDS OVERCOME SHAME** - We will learn about the power of shame in kids' lives, and how shame relates to abuse, violence, addictions, and controlling behavior. We will define shame, discuss different types of shame, learn where shame comes from, defenses against shame, and the internal dialog and thinking processes that result from shame. Concepts like negative self-talk, negative rehearsal, and illogical thinking will be connected to shame. Finally, we will discuss how shame is overcome and healed through emotional, cognitive and spiritual work. **Dr. Michael Obsatz**

**GANG AWARENESS AND IDENTIFICATION** - The purpose of this workshop is to provide attendees with an introduction to gangs, gang members, and their activities. The instructor will provide information on why kids get involved with gangs, common personality characteristics of gang members, and indicators of gang involvement. The instructor will also discuss some of the most active gangs in Minnesota and how they represent their gang activity. **Inspector Mike Martin**

# Bring a Friend or Colleague and Get the Group Rate

Just mail in your registration forms together or list each other's names on the form

11:30-12:30 Lunch Break

12:30-2:30 Session II Workshops

**THE BOY CRISIS IN AMERICA - POSSIBLE SOLUTIONS** - Boys are struggling in a variety of areas. There are seven crises boys experience -- the academic crisis, the addiction crisis, the depression crisis, the violence crisis, the emotional crisis, the interpersonal crisis, and the spiritual crisis. The documentary, "Journeyman," explores many of the problems boys face -- with experts Dr. Barbara Coloroso, Dr. David Walsh, Dr. Michael Obsatz, and Michael Gurian. Two Minnesota boys (ages 16) are followed for more than two years as they participate in the Boys to Men Mentoring Program. Mike has attempted suicide thirteen times. Joe has been involved in gang violence. The film traces many of their issues from male socialization messages to absent fathers. This session will explore how professionals can help troubled boys cope with the complexities of life, develop interpersonal skills, and become empowered and self-confident. **Dr. Michael Obsatz**

**CURRENT TRENDS IN GANG ACTIVITY AND BEST PRACTICES IN GANG INTERVENTION AND PREVENTION** - The purpose of this workshop is to present current trends in gang activity, gang membership, and the gang subculture. The Instructor will also discuss some of the best practices in gang intervention and prevention. **Inspector Mike Martin**

2:30 Adjourn

**CE&D Contact Information:** phone: 320-629-1307 email: info@cedconference.com website: www.cedconference.com

**Conference Costs:** See the conference registration form below for all options and pricing. **NOTE:** Participants who prefer a lunch on site can choose this as an option on the registration form. **Refunds** for cancellations will be given if done so on or before May 3, 2010. However, there will be a \$15.00 fee for all cancellations. No refunds will be given after May 3, 2010. Registration can be transferred to another person. For further information regarding conference registration contact CE&D. If you would like to reserve a **resource table** please call or email CE&D

**11 Continuing Education Hours** have been applied for through the MN Board of Social Work, MN Board of Psychology, MN Board of Marriage & Family Therapy, MN Board of Behavioral Health & Therapy and MN Board of School Administrators. *Certificates of Attendance* will be issued to all participants and may be used for individual application to other continuing education boards.

**Hotel Reservations:** Ramada Plaza Minneapolis: 612-331-1900 or visit [www.ramadaplazampls.com](http://www.ramadaplazampls.com)

**Directions: From South:** Follow I-494 to I-35W North. Take the Industrial Blvd. exit (Exit 22). The hotel will be on the right side as you exit.

**From North:** Follow I-694 to I-35W South. Take the Industrial Blvd. exit (Exit 22). Go left on Industrial and the hotel will be on the right.

**From West:** Follow I-394 East to I-94 East. Take I-35W North to Industrial Blvd. (Exit 22). The hotel will be on the right side as you exit.

**From East:** Follow I-94 West towards Minneapolis. Take Highway 280 North. At the first stoplight -Broadway Street- take a left. Take a right on Industrial Boulevard and the hotel will be on the left. **Hotel Address: 1330 Industrial Blvd, Minneapolis, MN 55413**

## REGISTRATION FORM - 27th Upper Midwest Conference on Adolescents & Children In Need

Name \_\_\_\_\_ Agency \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email or Phone \_\_\_\_\_ Position \_\_\_\_\_

Registration Per person	Both Days	Both days w/Lunch	Thursday Only	Thursday w/Lunch	Friday Only	Friday w/Lunch
1 person	___\$149	___\$179	___\$99	___\$114	___\$99	___\$114
*2 or more people	___\$119	___\$149	___\$89	___\$104	___\$89	___\$104

**TO PAY BY CREDIT CARD VISIT [www.cedconference.com](http://www.cedconference.com)**

Method of Payment: \_\_\_ Check \_\_\_ Purchase Order

Total Amount Due: \$ \_\_\_\_\_ (make checks payable to CE&D)

\*Registration forms need to be together or include the name of

a colleague/friend who is attending in the space provided. Name of colleague/friend: \_\_\_\_\_

Please check the workshops you are most likely to attend.

Thursday, May 6, 2010

Friday, May 7, 2010

- I. \_\_\_ Never Underestimate the Power of Relationships  
\_\_\_ Parenting, Marriages and Stress...Oh my!: A dynamic tour of the troubled family
- II. \_\_\_ Impact of Complex Trauma on Children and Adolescents  
\_\_\_ Working with Troubled Children: monkeys and dragons, they're everywhere!!
- III. \_\_\_ Check & Connect: A Model for Student Engagement and School Completion  
\_\_\_ Planting the Seeds of Success

- I. \_\_\_ Helping Kids Overcome Shame  
\_\_\_ Gang Awareness and Identification
- II. \_\_\_ The Boy Crisis in America - Possible Solutions  
\_\_\_ Current Trends in Gang Activity and Best Practices in Gang Intervention and Prevention

You may also register online at [www.cedconference.com](http://www.cedconference.com)

**Mail Registration Form and Payment to: CE&D**  
615 8th Ave NE  
Pine City, MN 55063

**Registration Deadline:**

May 4, 2010

## WORKSHOP PRESENTERS

**Kay Augustine, MSE**, is a Project Coordinator for the Institute on Community Integration's transition group at the University of Minnesota where she works with transition resources for youth with developmental disabilities and the research-based Check & Connect Student Engagement process. Kay is a high-energy and experienced international presenter and training facilitator on positive youth development including: character development, service-learning, youth empowerment and engagement, positive culture and climate, and generational dynamics. Kay is the past Associate Director of the Institute for Character Development at Drake University and has served as National Faculty for the CHARACTER COUNTS! Coalition for the past 13 years. Kay is currently a doctoral student at Drake University from where she also holds a MSE focused on special education, a Graduate Concentration in Education Leadership, and a Specialist in Education Leadership. Kay is known for her dedication to youth engagement and the strengthening of relationships between adults and youth.

**Paul Buckley, LMFT**, Over the past 25 years, Paul has been helping troubled families and their children. He incorporates concepts of attachment, narrative, and affect based therapy models into an emotionally warm and playful manner to help clients deepen relationships and solve problems. Areas of expertise overlap between traditional, GLBT, adoptive, and foster families, in addition to situations of substance abuse. As a regional trainer and national speaker on topics of anger in the family and marital preservation, he conveys pragmatic information with an entertaining style. The use of vivid metaphors and video segments assist him in consolidating complex concepts into memorable and practical knowledge.

**Jennifer Dynes, PsyD, LP**, is the program director at Fraser's Child and Family Mental Health Program and Preschool Mental Health Day Treatment Program. Through multiple capacities (consultation, Day treatment, outpatient and in home therapy, psychological testing) These programs serve children ages 0-18 who have mental health disorders, many of whom have had complex histories of abuse and neglect from multiple caregivers. She has over a decade of experience directing programming for and intervening with children, adolescents, and their families around issues of physical and sexual abuse, correctional involvement, behavioral disorders, attachment problems, and complex mental health issues. She has provided multiple presentations to various programs, including delinquency centers, regional conferences, county child protection agencies, and head start programs. Her energy and humor always make her trainings well received.

**James Keenan, MS, LP**, is a licensed psychologist and founder of Power of Relationships. Power of Relationships operates innovative mental health programming in both Minneapolis and St. Paul Schools. PoR operates 2 day programs in St. Paul schools and operates Mental Health Case Management throughout Hennepin County. PoR was founded in 1996 and Mr. Keenan has been working with youth since 1990. James believes strongly in the power and influence that a strong therapeutic relationship can create.

**Inspector Mike Martin**, is the Commander of the 4<sup>th</sup> Precinct for the Minneapolis Police Department. He commands 110 officers who work the Northside of Minneapolis. His previous commands include the Minnesota Gang Strike Force, Minneapolis Police Gang Unit, Homicide Unit, Assault Unit, Narcotics Unit, & Organized Crime Unit. Prior to his current assignment he was the Metro Commander for the Minnesota Gang Strike Force. Insp. Martin has been actively investigating and consulting on Gang cases for the past seventeen years. He was an investigator and supervisor of the Minneapolis Police Gang Strike Force from 1994 to 1999, commanded the Homicide and Gang Units from 2002 to 2004, and was the Metro Commander of the Minnesota Gang Strike Force during 2004 and 2005. He has trained thousands of police officers about gang activity and has testified as an expert witness in many high-profile murder cases. Insp. Martin holds a B.A. in Economics from the University of Minnesota and a Masters in Police Leadership, Education, and Administration from the University of St. Thomas.

**Michael Obsatz, Ph.D.**, is Professor Emeritus from Macalester College where he taught in the sociology and education departments for 40 years. He earned his B.A. in Psychology from Brandeis University, and his M.A. and Ph.D. in Educational Psychology from the University of Chicago. His book, Raising Nonviolent Children in a Violent World, won the 1999 Minnesota Book Award and the Catholic Press Association Award. He is a workshop leader, men's and boys' group leader, film producer and mentor. His two films, "That's Enough!" (about bullying), and "Journeyman" (about mentoring) are viewed around the world.

**Jeffrey Phillips**, has worked with families and youth of all ages, ethnicities and from every socio-economic background across the United States. Jeffrey has worked in schools, hospitals and both mental and chemical health treatment facilities. While in Minnesota, his work with the Minneapolis and St. Paul Public school systems has received numerous acknowledgements. He's been a member of the Minnesota State Youth Advisory Counsel, a member of the Minneapolis Public Schools Drug Advisory Counsel, and an active member of the Minnesota Hate Crime Initiative. He has also worked at African American Family Services as a prevention specialist, lecturing in the schools, and for community organizations. Jeffrey also worked at Fairview University Medical Center, in Child and Adolescent Services. While at Fairview he received many accolades for his service to his clients and their families. He was a counselor at Academy of Holy Angels, and the co-creator of a violence prevention program at Ramsey County Boys Totem Town.

### Comments from attendees of the 26th conference:

*"I can't remember the last time I went to a conference where all the workshops were this good. Excellent speakers, well organized and great food!" -program supervisor*

*"I'm glad I finally made it to your conference. Everything was great and the price was affordable." -counselor*

*"The speakers and relevant topics always make this my favorite training to go to." -social worker*

*"I'm never disappointed with this conference and the quality workshops. Thank you!" -psychologist*

*"Everything met or exceeded my expectations. I appreciate learning new tools and ideas for my work." -therapist*

*"Awesome conference!" -teacher*

*"Your conference is my favorite and the one I look forward to every year." -psychologist*

*"Excellent conference...I look forward to next year!" -juvenile probation officer*

*We thank you for coming to our conferences throughout the years! -Craig Ringness, CE&D*

**You can also register online at [www.cedconference.com](http://www.cedconference.com)**